

MENTAL HEALTH RESOURCES

NAMI HELP LINE:

CALL (800) 950-NAMI (6264)

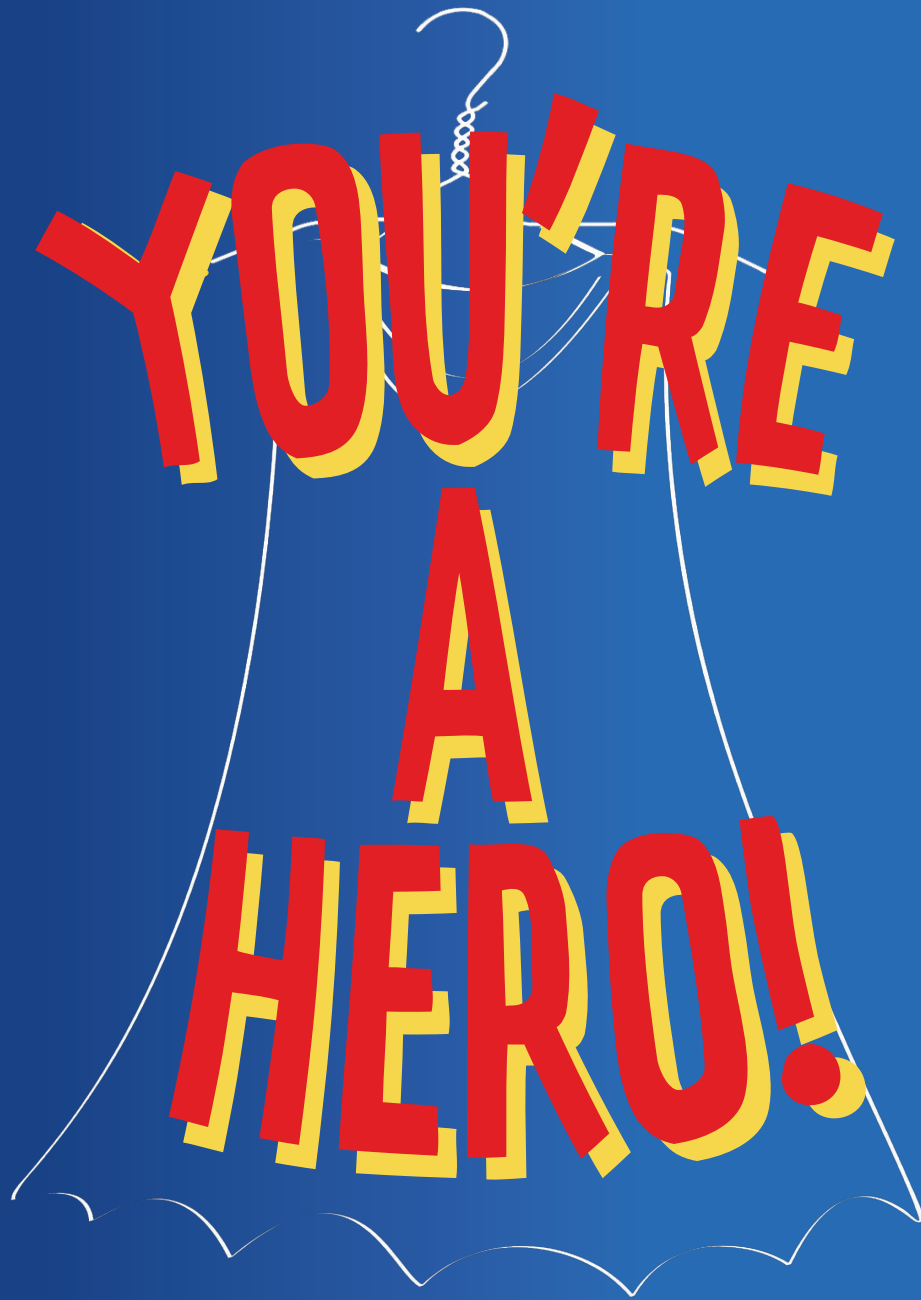
SUICIDE PREVENTION LIFELINE:

CALL (800) 273-TALK (8255)

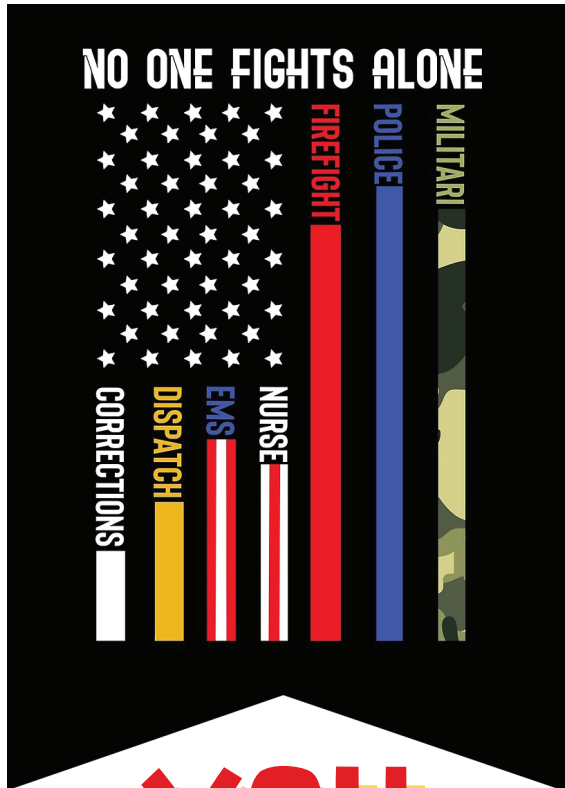
CRISIS TEXT LINE:

TEXT "NAMI" TO 741741

START THE CONVERSATION



THANK



YOU

**YOU'RE RISKING IT ALL FOR
US AND FOR THAT WE
THANK YOU. YOUR ENTIRE
COMMUNITY THANKS YOU
AND WISHES YOU THE BEST
OF HEALTH!**

