

"IT IS A BLESSING. TO NOT HAVE TO CHOOSE BETWEEN RENT AND GROCERIES IS A CHOICE NO PERSON SHOULD NEED TO MAKE."

— CURRENT USER OF THE CARING CUPBOARD



FOOD FOR THOUGHT

ONLY \$10 EACH MONTH CAN PROVIDE 50 MEALS.
DONATE TODAY.

HELPING TO FIGHT HUNGER ONE STEP AT A TIME



"I CARE FOR THE HUNGRY" Campaign

HUNGRY MEMBERS OF YOUR COMMUNITY NEED FOOD AND SUPPORT EVERY DAY. YOU CAN HELP US BE THERE FOR THEM BY BECOMING A PARTNER OF THE CARING CUPBOARD. YOU CAN JOIN OUR "I CARE FOR THE HUNGRY" CAMPAIGN BY GIVING YOUR HEART OUT!

OUR MOST COMMITTED SUPPORTERS MAKE A SCHEDULED GIFT TO THE CARING CUPBOARD EVERY MONTH. THEIR GENEROSITY PROVIDES THE SUSTAINED STREAM OF SUPPORT THAT IS NECESSARY TO CONTINUE TO BE THE AREA'S HUB FOR INTEGRATED FOOD POVERTY SERVICES, FOCUSED ON WEEKLY AND MONTHLY NEEDS AND LONG-TERM SOLUTIONS.

DONATE TODAY!

WE NEED YOU!

THE CARING CUPBOARD THRIVES OFF OF YOUR SUPPORT. GIVE YOUR TIME TO A NUMBER OF ACTIVITIES THE CARING CUPBOARD HAS GOING ON THROUGHOUT THE YEAR. VOLUNTEERS GIVE OVER 10,000 HOURS THROUGHOUT THE YEAR TO HELP FEED FAMILIES IN OUR AREA.

WAREHOUSE/STOCKING

VOLUNTEERS SORT NON-PERISHABLE FOOD ITEMS AND NONFOOD ITEMS. VOLUNTEERS WILL BE CHECKING FOR SECURE PACKAGES, FOOD QUALITY DATES, AND SORTING INTO SET CATEGORIES.

CLIENT ASSISTANT

VOLUNTEERS ASSIST CLIENTS AS THEY SHOP OUR FREE CHOICE FOOD PANTRY OPERATION. ANSWER QUESTIONS ABOUT POLICIES AND PROCEDURES.

VOLUNTEER TODAY!

UPCOMING EVENTS

12TH ANNUAL CARING CUPBOARD GOLF OUTING

SAT MAY 19TH
7:00AM - 1:00PM

JOIN US FOR THE 12TH ANNUAL CARING CUPBOARD GOLF OUTING ON MAY 19TH AT DEER VALLEY GOLF COURSE. \$75 PER GOLFER. SPONSORSHIP OPPORTUNITIES AVAILABLE.

CARING VOICES CONCERT

SUN MAY 20TH
7:00PM - 9:00PM

LUTZ HALL, BLAIR MUSIC CENTER AT LEBANON VALLEY COLLEGE
JOIN 5 LOCAL CHOIRS AS THEY PERFORM SEPARATE PIECES AND A FINAL JOINT PIECE. A LOVE OFFERING WILL BE TAKEN IN LIEU OF ADMISSION.

SUMMER LUNCH PROGRAM FOOD DRIVE

SAT JUN 9TH
10:00AM - 4:00PM

HELP US OUT ON OUR 3RD ANNUAL EVENT TO HELP STOCK OUR SHELVES FOR THE SUMMER LUNCH PROGRAM. WE'LL NEED VOLUNTEERS TO HELP SIT AT STATIONS AT THE GROCERY OUTLET, REDNER'S, WEIS, AND WALMART.



HOURS SERVING THE COMMUNITY

MONDAY: 10 A.M. TO 12 P.M.
WEDNESDAY: 10 A.M. TO 12 P.M., 5:30 P.M.
TO 7:00 P.M.

FRIDAY: 10 A.M. TO 12 P.M.
SATURDAY: 10:00 A.M. TO 12:00 P.M.

RECEIVING FOOD DONATIONS

MONDAY: 8 A.M. TO 12 P.M.
WEDNESDAY: 10 A.M. TO 12 P.M., 5:30 P.M.
TO 7:00 P.M.

FRIDAY: 8 A.M. TO 12 P.M.

CONTACT

THE CARING CUPBOARD
131 NORTH RAILROAD STREET,
PALMYRA, PA 17078 | 717.838.9493
EMAIL: INFO@CARINGCUPBOARD.ORG

CURRENT NEEDS

- CREAM OF CHICKEN SOUP
- FRESH VEGGIES
- SAUERKRAUT
- PASTA SIDES
- KETCHUP
- CANNED TOMATOES
- RICE DISHES
- HELPERS (CHICKEN, HAMBURGER, TUNA)



**FIGHT
HUNGER**



THE CARING CUPBOARD